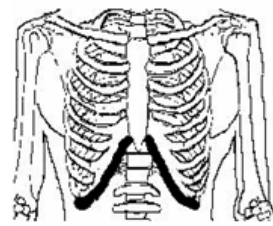
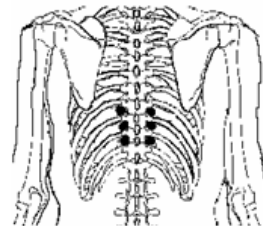


Small Intestine

NL reflex points



Anterior

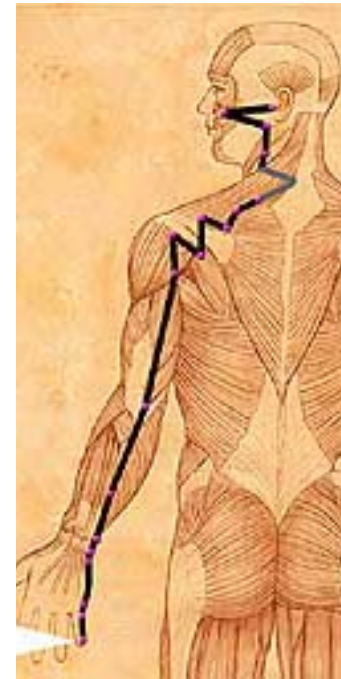
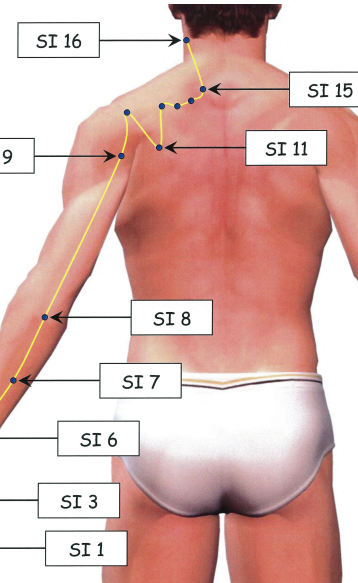
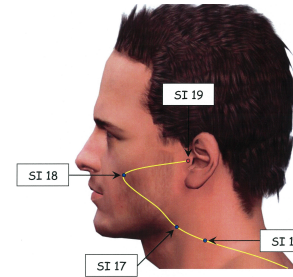


Posterior

Along the curve of the rib cage from the 8th to 11th ribs
Between T8-T9, T9-T10 and T10-T11, 2 cm either side of the spine

Massage the indicated reflex points as in the diagram above.

Do as best as you can with the back points if no-one around to do this.



Meridian

Trace with 2-3 fingers up from **SI1** on the outside end of the little finger up the outside of the arm, back of shoulder, to the neck up across the cheek ending in front of the ear **SI19**.

Do this 6 times on both sides

NV reflex points

On the parietal eminence, both sides. The widest part of the head



With the pads of 3 finger tips hold the NV reflex point on both sides of the head

Hold the **1st set of points** & then the **2nd set of points** on the same side of the body. Then repeat on the other side. Sometimes you can feel a pulsing, if you do, wait for it to equalise on the 2 points before you move to the next set of points.

