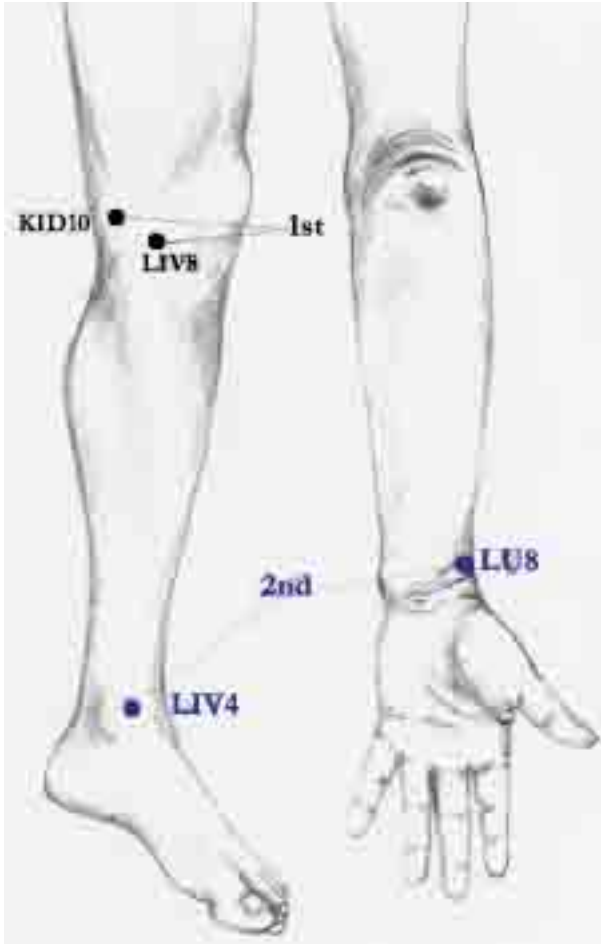
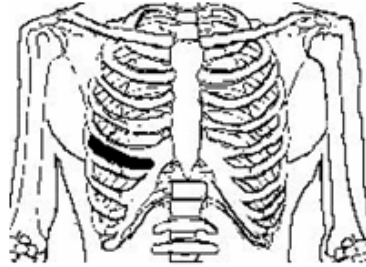


LIVER BALANCE

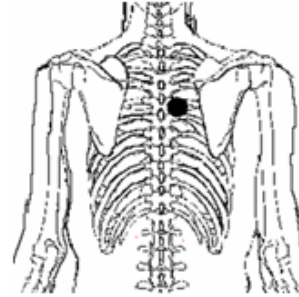


Hold the **1st set of points** & then the **2nd set of points** on the same side of the body. Then repeat on the other side. Sometimes you can feel a pulsing, if you do, wait for it to equalise on the 2 points before you move to the next set of points.

NL reflex points



Anterior
Right side only
Between the 5th/6th ribs



Posterior
Between T5 and T6
on right only, 2 cm
to the right side of
the spine

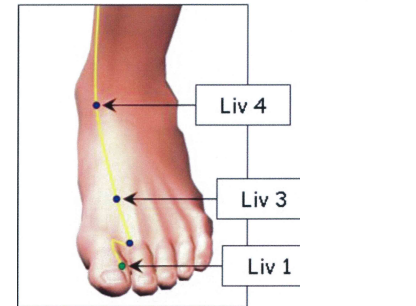
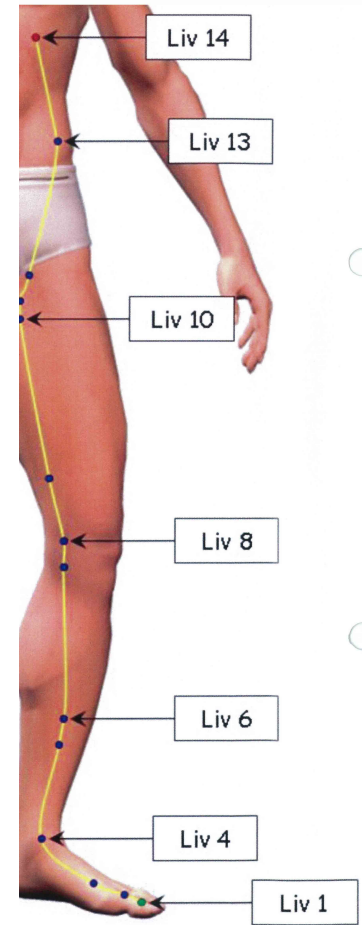
Massage the reflex points. Do as best as you can with the back point

NV reflex points

On the hairline
above the
frontal
eminences



With the pads of 3 finger tips hold each reflex point simultaneously.



Liver Meridian. Trace with 2-3 fingers up from LIV 1 to LIV. Do this 6 times on both sides